

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE  
BOARD

REGULAR MEETING

DECEMBER 17, 2002

**Members Present:** Linda Brown, Joan Clement, Nancy Code, Roger Goodman, Jim Harbaugh, Bob Seidensticker

**Members Absent:** Pam Detrick, Yasmin Smith (excused), Scott Strawn (excused)

**Staff Present:** Geoff Miller, Rhoda Naguit, Rose Soo Hoo, Jim Vollendroff

**Guests Present:** Harvey Funai, Division of Alcohol and Substance Abuse; Ron Jackson, Evergreen Treatment Services; Pat Knox, Recovery Centers of King County; Susan Schoeld, Ruth Dykeman Youth and Family Services; Deborah Smokey, Consejo Referral and Counseling Services; Al Sweeten, Seattle Indian Health Board

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Board Chair Linda Brown convened the regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) at 12:05 pm. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. INTRODUCTION

Everyone was asked to introduce him/herself.

II. REVIEW/APPROVAL OF MEETING MINUTES

Nancy Code made a motion, which was seconded by Joan Clement to approve the November 19, 2002 meeting minutes as submitted. The motion was passed and unanimously approved.

Likewise, Joan Clement made a motion and seconded by Jim Harbaugh to approve the October 23, 2002 planning retreat minutes. The motion was passed and unanimously approved.

III. CHAIR'S REPORT

Before giving her report, Board Chair Linda Brown informed the group that Rose Soo Hoo will give an update on residential beds for inpatient treatment with the closure of Cedar Hills Addiction Treatment Facility (CHAT).

A. CAC Administrative Board

Board Chair Linda Brown shared information from a December 6 meeting for County Administrative Board Chairs and County Coordinators sponsored by the

DASA Citizen's Advisory Council (CAC) that she and Jim Vollendroff attended. A major agenda of this meeting was a discussion of the differences between advisory and administrative boards and the WAC-based responsibilities of County Administrative Boards. A primary responsibility of the administrative board is to take an active role in development of the biennial plan and oversee its implementation. DASA would also like to work collaboratively with all the County administrative boards on legislative efforts.

Linda Brown offered to invite two members of the CAC to discuss the role of the CAC and ways in which the CAC and the Board might work together at a future board meeting.

B. Sentencing Reform County Panel

Linda Brown briefed the Board on the initial meeting of County Sentencing Reform Panel held last week. Jim Vollendroff convened the initial meeting.

The Sentencing Reform panel is mandated by law to submit a plan for the use of funds that come to King County from the criminal justice treatment account. These funds come from the anticipated savings in prison costs related to changes in drug sentencing laws. The savings will be calculated and distributed to the counties using a formula specified in the regulations. The WAC also specifies categories of services for which these funds cannot be used, and membership of the County panel. The membership on the King County panel includes Alcohol and Drug Coordinator – Jim Vollendroff; County Prosecutor – Norm Maleng; County Superior Court – Judge Laura Inveen; Substance Abuse Treatment Provider representative – Norm Johnson of Therapeutic Health Services; Criminal Justice representative – Dave Chapman; and County Drug Court representative – Mary Taylor, Drug Court Administrator. Judge Laura Inveen is the chair of the King County Sentencing Reform Panel.

The panel is putting together a plan on how to use this funding. The submission of this plan has a tight schedule – April 15, 2003. KCASAAB has to review the plan and recommend it to the County Council for approval before it is submitted to DASA by the mid-April deadline. Linda and Jim will keep the Board informed on the progress of the panel to ensure an informed and timely review by the Board. Joan Clement recommended holding a retreat if necessary to ensure that the Board has enough information to make well-informed decisions about recommendations.

C. Accomplishments in 2002

Rhoda Naguit submitted a list of board's accomplishments in 2002 to the King County Executive last week. She will email this document to all board members for their information.

D. Legislative Forum Update

Roger Goodman reported about the recently-concluded Legislative Forum sponsored by dual boards – KCASAAB and the King County Mental Health Advisory Board (KCMHAB). This year's forum was held in the southend. The Forum was attended by about 225 people. There were 10 legislators present, including the Speaker of the House, Frank Chopp.

The Legislative Advocacy and Public Affairs Committee held a follow up meeting last week to evaluate the outcome of the forum. The following are some observations and comments:

- Give more time for consumers' feedback.
- Hold the future forum in a more strategic/centralized site.
- Find a facility that could accommodate a crowd of 200-1000. The site used this year was too huge for the number of people who showed up.
- Room set up needs improvement. Legislators were positioned too far from the audience; lacking personal touch.
- One encouraging note: The total cost of this year's forum is \$970 only.

E. War On Drugs Conference

Roger Goodman was pleased with the turnout of participants and the exposure received from the media, both print and radio-TV. The forum covered and discussed controversial issues. Around 250 people stayed on up to the end of the conference. A follow up conference is being considered in the near future.

F. Liaison Reports

Joan Clement stated that the Chronic Populations Action Council (CPAC) will meet tomorrow at 8:30-10:00 am at the Exchange Building, Conference Room 6A.

Nancy Code attended the Children and Family Commission's (C&FC) meeting this month. Nancy Amadei of the University of Washington gave an outstanding and effective presentation on tax options issues. She handed out copies of Policy Watch Newsletter. The C&FC board is planning to hold a retreat either in January or February 2003.

Jim Harbaugh informed the board that due to conflict in work schedule, he will be unable to continue to serve as a board liaison for MHAB. Joan Clement and Board Chair Linda Brown have agreed to take turns in serving as Liaison to the MHAB.

Speaking of Board Liaison, Board Chair Linda Brown inquired if any board members would like to serve as Liaison for Adult and Youth Providers meetings. This item will be further discussed at the January 21, 2003 board meeting.

#### IV. ALCOHOL/DRUG COORDINATOR'S REPORT

Before Jim Vollendroff's report, Rose Soo Hoo gave a brief statistical report on King County Assessment Center.

##### A. Residential Beds in King County

The re-distribution of CHAT beds as allocated by DASA included Recovery House (RH) beds of which 30 went to SeaMar of Des Moines and 8 to Genesis House. None of these 38 RH beds are available at this time due to delayed start ups. Apparently the 8 RH beds to Genesis House may ultimately be converted to Long Term beds, further exacerbating the lack of RH beds system wide. Low reimbursement rates is contributing to the loss of residential beds statewide.

The King County Assessment Center (KCAC) is at the same time experiencing difficulties in accessing beds for clients who need both Intensive and Recovery House treatment. Many of the facilities that only offer Intensive are reluctant to take clients for the first intensive phase as clients may end up staying longer than planned because transfer to another facility for RH beds is challenging.

In King County many providers met their contractual obligations early thus contributing to a current lack of outpatient capacity. The KCAC prioritized access to outpatient for clients discharged from residential. Clients going directly to outpatient were put on a wait list. Clients are encouraged to attend Alcohol Anonymous (AA) and NA meetings until treatment becomes available.

Discussions of issues related to waiting lists followed. The Board recommended that Best Practices related to waiting list management should be examined and incorporated into current practice. Engaging clients while on waiting list is one way to keep them interested in pursuing treatment. Jim said that he is scheduled to meet with Rose Soo Hoo starting next month to discuss this issue in a more detailed manner. The Board would like to include this service gap issue at the next board planning retreat.

##### B. Unduplicated Prevention Participants

Geoff Miller distributed copies of draft Summary of Trend Line Unduplicated Prevention Participants. He noted page 2 of the document with a map showing the number of unduplicated outpatient treatment clients admitted by King County in 2001. The Central and East regions have the most unduplicated outpatient treatment client admissions. He offered to do a Powerpoint presentation on this particular subject in the future.

C. Governor's Budget

Copies of the DSHS-Alcohol and Substance Abuse Recommendation Summary were distributed.

In the Governor's Budget, the chemical dependency (CD) suffered a 3.2% cut, which is pretty close to the current CD funding.

D. DASA New Fact Sheets

Jim Vollendroff distributed copies of the following new DSHS-DASA Fact Sheets:

- Alcohol/Drug Treatment: Washington State's Untapped Resource
- Prevention is a Good Investment for Washington State
- Chemical Dependency Treatment Reduces Crime in Washington State
- Chemical Dependency Treatment Improves Employment and Earnings in Washington State
- Public Alcohol/Drug Treatment Improves Birth Outcomes in Washington State

These fact sheets will be available on the DASA website soon.

E. Stonewall Recovery Services (SRS) Update

Jim reported that the Division is finalizing the last details of the transition plan in related to closure of Stonewall Recovery Services effective December 31, 2001. To ensure a seamless transition and continuous provision of chemical dependency (CD) treatment services to the Gay, Lesbian, Bisexual, Transgender, Questioning (GLBTQ) community in King County, Jim has been involved in discussion with two agencies, the Center for Human Services (CHS) and Seattle Counseling Service (SCS) on the transition process.

CHS has agreed to provide interim services for the first six months of 2003 working out of SCS, located on Broadway just 3 blocks south of Stonewall Recovery Services. It is vital that the provider continue to serve clients at a Capitol Hill location and for the Division to continue funding a provider agency that specializes in services for sexual minorities. The Division will work with SCS to obtain their CD certification through DASA. Once SCS is certified as a CD treatment provider, the contract will transfer to that agency as the primary provider of CD treatment services for GLBTQ clients. Stonewall clients have been notified about this plan. They will all have an intake appointment with CHS by the first full week in January to continue their treatment.

F. Agency Board Presentations

The agency board presentations for 2003 have been finalized and formal letters have been sent with specific expectations for information to be included in the presentation including:

- Successes the agency has experienced, and/or treatment/outcome goals reached, in the provision of services.
- Any challenges faced in the provision of services.
- How the agency addresses these challenges.
- What would allow them to address these challenges more effectively.
- The agency's treatment completion rates. Provide TARGET documentation.
- Describe outcome evaluation process. Provide copy of agency policy.

In addition to the above-mentioned criteria, the agency is invited include any emerging issues they would like the board or staff to be aware of. The agency would provide the board with written information prior to the meeting to enable the board review it ahead of time.

At the January 21, 2003 regular board meeting, the 24-Hour Helpline and Renton Area Youth and Family Services will do the first board presentation.

G. Development of CD Plan Management Group

An internal group was formed to act as a planning group for chemical dependency services. This group, which is patterned after the Mental Health Plan Management Group, is to assist in larger policy issues such as RFPs, quarterly reporting to DASA, and developing the biennial plan. The workgroup is composed of Jim Vollendroff, CD Coordinator; Karen Spoelman, Contracts and Cross-Systems Coordinator, Marty Lindley, Chief Financial Officer, Shelle Crosby, Chair of System Performance, and Coordinator of Quality Management; Jodi Riley-Kauer, Contract Monitor Coordinator; Wendy Pompey, Sobering Center Supervisor; and Rose Soo Hoo, King County Assessment Center Administrator.

H. Additional Funding to Substance Abuse Budget

There is \$1 million additional funding to Mental Health Chemical Abuse and Dependency Services Division intended to provide treatment services associated with drug, mental health, and other courts. Another available funding is a \$800,000 one-time budget addition that comes from the closure of CHAT and NRF. This is intended to be used for correction-based treatment (day reporting, etc.) and other service gaps.

I. RFP Process

An RFP process will be used for 2004 contracts. A work group will convene in January 2003 to identify services to put on RFP. Jim reported that as he gathered information about RFP process from other regions, he found out that there is no consistency on the way regions conduct their RFP process.

J. Contractual Issues

The service contract with Highline West Seattle Mental Health will be terminated by the end of this year. Likewise, service contract with Lakeside-Milam will end by March 2003 due to size of contract.

K. Personnel Update

Jodi Riley-Kauer is transitioning with Mike Elsner as Contract monitoring leader. Mike will be involved in grant writing.

V. OTHER CONCERNS/ANNOUNCEMENTS

Roger Goodman gave a heads up to the board. He will invite the board to a short-term option for Drug Reforms meeting with information about time and place to be provided later. The meeting will address questions such as what is treatment and who will get it?

Joan Clement thanked Linda Brown for her proactive role as Board Chair. She asked for an update regarding methadone treatment in jail. Jim stated that the funding for methadone treatment in jail is currently stalled. Internal issues are being discussed at this point.

Joan would like to make sure that the money saved from CHAT's closure is kept in CD treatment service. Jim assured the board that the treatment money will be used for clients with primary CD problems.

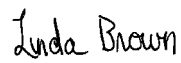
Board Chair Linda Brown thanked Rhoda Naguit, Jim Vollendroff, and Geoff Miller for their vital support to the board this year.

There being no further business, the meeting was adjourned at 1:38 p.m.

Prepared by:

Rhoda A. Naguit  
Recording Secretary

Attested by:

  
Linda Brown  
Board Chair